

Relationele fundamenteën van verpleegkundige zorg voor patiënten met suïcidale ideaties

dr. Joeri Vandewalle

met veel dank aan alle deelnemers en organisaties,
promotoren, medeonderzoekers, ...



inhoud

- **belangrijke accenten in het onderzoek**

- **overzicht van de studies**

3 studies

het contact en de zorgrelatie tussen verpleegkundigen en patiënten met suïcidale ideaties

3 studies

het contact tussen verpleegkundigen en patiënten met suïcidale ideaties

- **aanbevelingen en toekomstperspectieven**



belangrijke accenten in het onderzoek

1. focus op suïcidaliteit

Cijfers: hoge prevalentie van suïcide(pogingen) en suïcidale ideaties in Vlaanderen

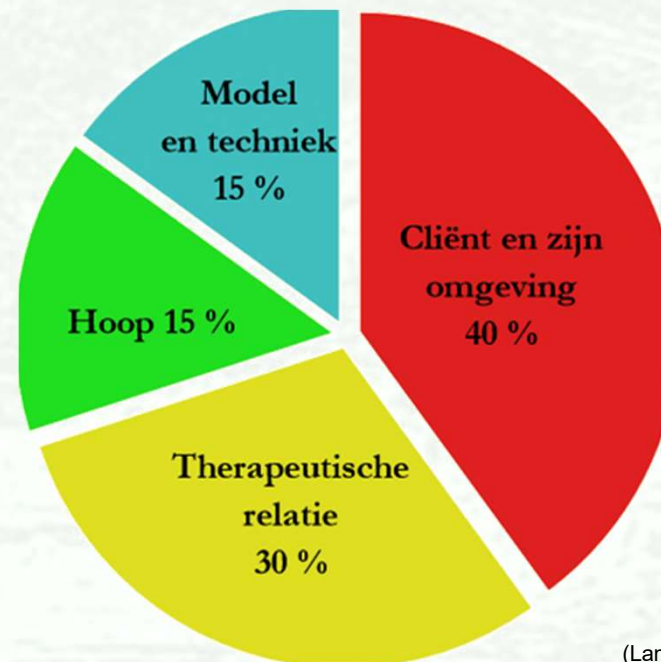
Beleving: lijden, hopeloosheid, ambivalentie tussen leven en dood, disconnectie, ...

(Gisle et al. 2020, WHO 2019)

2. focus op contact en relationeel engagement



(Aerts et al. 2017)



(Lambert et al. 2001)

3. focus op verpleegkundigen in psychiatrische ziekenhuisafdelingen

functioneren in een hoog-risico context (o.a. suïcide)

nabije zorg en interpersoonlijke relatie

relationele fundamenten staan onder druk / hoge nood aan ondersteuning

(Hagen et al. 2017, Lees et al. 2014, Peplau 1989)

4. diversiteit in onderzoeksdesign en -methodologie

kwalitatief en **kwantitatief** onderzoek



→ zoeken naar diepere inzichten en beïnvloedende factoren

Dia 4

ju1

joeri vandewalle; 5/06/2021

overzicht van de studies

3 studies

het contact en de zorgrelatie tussen verpleegkundigen en patiënten met suïcidale ideaties

- drie kwalitatieve studies o.b.v. grounded theory
- interviews met 26-19-28 verpleegkundigen op psychiatrische afdelingen
- aandacht voor kwaliteitsmaatregelen

 International Journal of
Mental Health Nursing

International Journal of Mental Health Nursing (2019) ●●, ●●●●● doi: 10.1111/inm.12623

ORIGINAL ARTICLE

'Promoting and preserving safety and a life-oriented perspective': A qualitative study of nurses' interactions with patients experiencing suicidal ideation

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ABSTRACT: Suicide prevention is an important imperative in psychiatric hospitals, where nurses have a crucial role in and make essential contributions to suicide prevention and promoting the recovery of patients experiencing suicidal ideation. The present qualitative grounded theory study aimed to uncover and understand the actions and aims of nurses in psychiatric hospitals during their interactions with patients experiencing suicidal ideation.


ORIGINAL RESEARCH: EMPIRICAL RESEARCH - QUALITATIVE 

Contact and communication with patients experiencing suicidal ideation: A qualitative study of nurses' perspectives

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Abstract
Aim: To uncover and understand the core elements of how nurses in psychiatric hospitals make contact with patients experiencing suicidal ideation.
Design: A qualitative study based on the principles of grounded theory was performed.
Methods: Nineteen nurses on wards of four psychiatric hospitals were interviewed between May 2017 - February 2018. The Qualitative Analysis Guide of Leuven was used to facilitate the constant comparison of data.
Findings: Nurses make contact with patients experiencing suicidal ideation by 'creating conditions for open and genuine communication' while maintaining a focus on 'developing an accurate and meaningful picture of patients'. These interconnected core elements represent nurses' attention to relational processes like building trust as well as their predominant focus on assessing suicide risk. Nurses put other emphases in their contacts with patients: depending on whether their approach is guided

ORIGINAL RESEARCH: EMPIRICAL RESEARCH - QUALITATIVE 

The working alliance with people experiencing suicidal ideation: A qualitative study of nurses' perspectives

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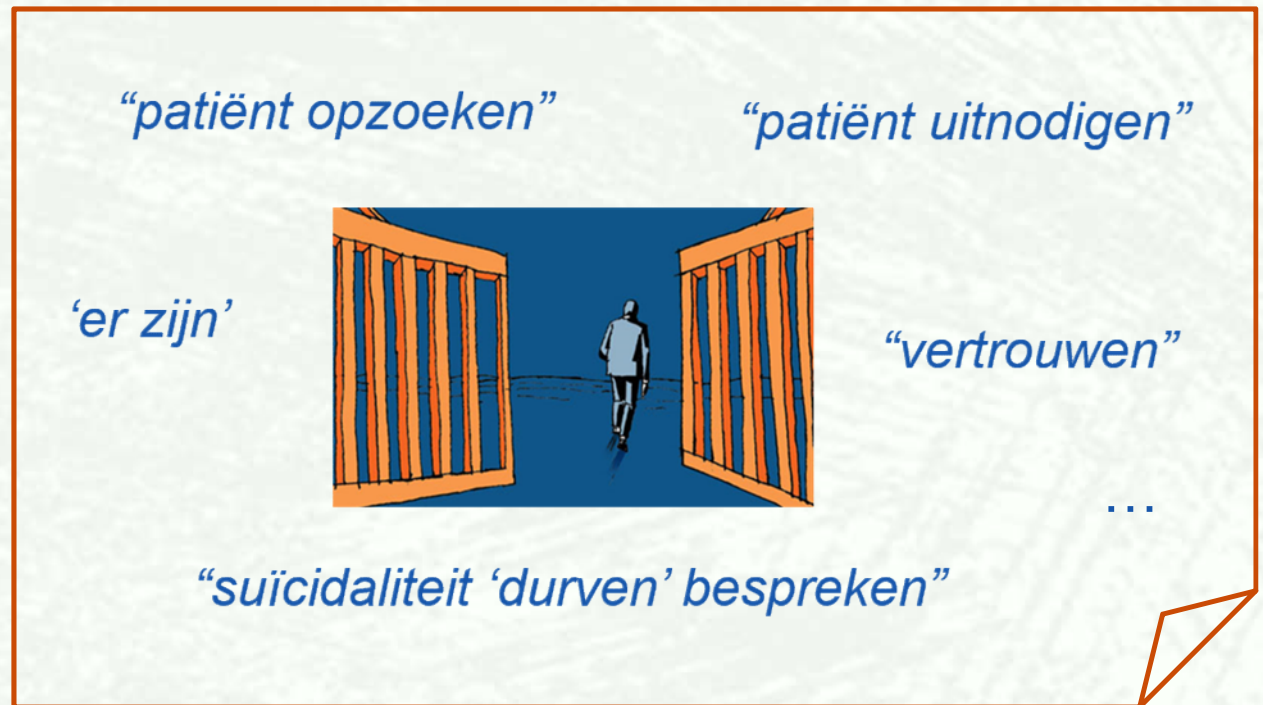
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Abstract
Aims: This study aimed to enhance the conceptual understanding of the working alliance in the context of nursing care for people experiencing suicidal ideation.
Design: A qualitative study based on grounded theory was conducted.
Methods: Two authors conducted individual semi-structured interviews from September 2017-January 2019. Twenty-eight nurses in 13 wards of four psychiatric hospitals participated. The Qualitative Analysis Guide of Leuven was used to support constant data comparisons and the cyclic processes of data collection and data analysis.
Findings: The nurses' perspectives revealed that the working alliance can be understood as an interpersonal and collaborative relational process. This relational process highlighted the core variable 'seeking connectedness and attunement with the person at risk of suicide'. The core variable underpinned three clusters: investing in the foundations of the working alliance, nourishing the clinical dimension of the working

enkele resultaten: verpleegkundig perspectief

veel drempels in het contact *“Hij trekt zich terug op zijn kamer.”; “Is hij eerlijk?”*

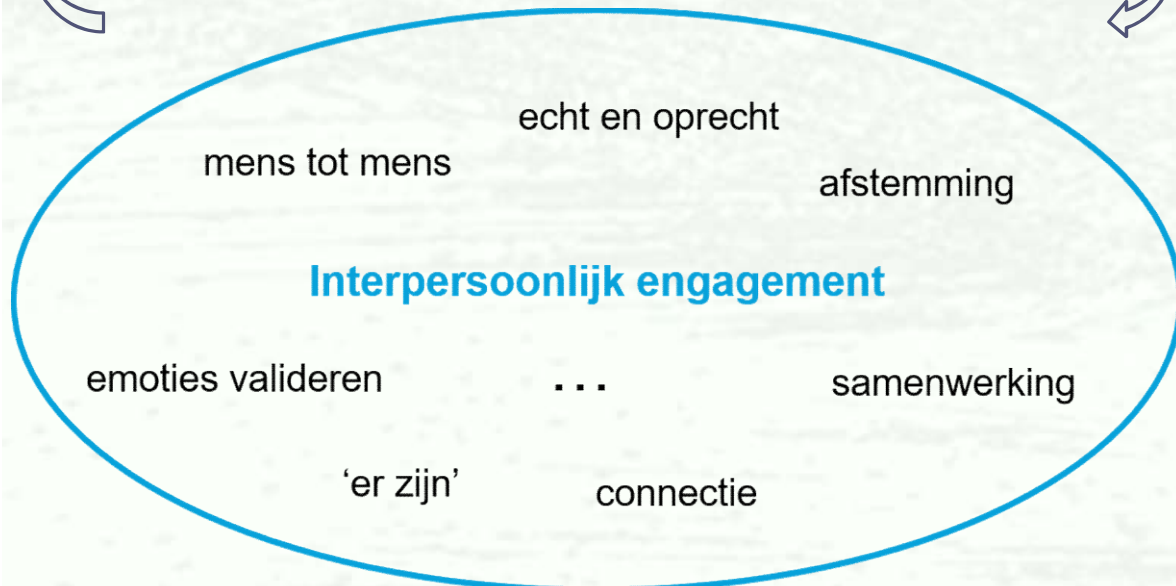
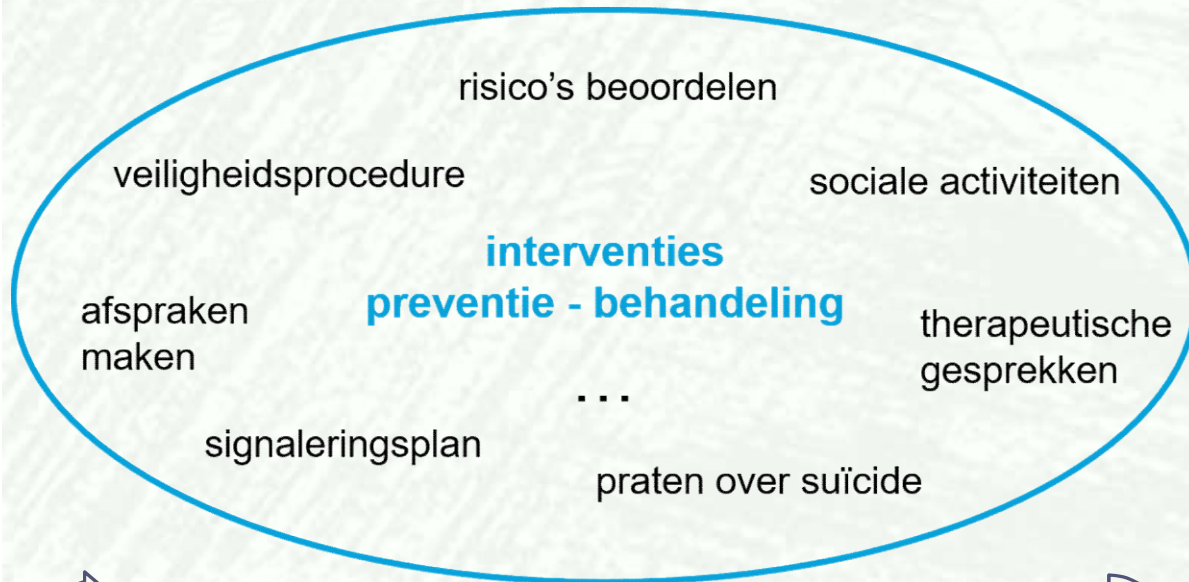
toegangspoort en
veilig milieu creëren



emotionele impact → angst, uitputting, ... → moeilijk om afstemming te houden

“het grijpt naar de keel”; “op een bepaald moment neem je er afstand van”

gebrek aan een integratief perspectief



gebrek aan integratief perspectief

instrumenteel contact, nadruk op checken, controleren, sturen, ...

'dan hoor je wat je moet horen'

'als ze zeggen 'liever niet' doen wij het toch'

gebrek aan integratief perspectief

onvoldoende systematische bijdrage?

'signaleringsplan gebruik ik af en toe'

te veel vertrouwen op de connectie?

'ik bevraag niet of hij suïcidedachten heeft. Hij zal het mij wel zeggen'

overzicht van de studies

3 studies: het contact tussen patiënten met suïcidale ideatie en verpleegkundigen

- systematische literatuurstudie (26 artikelen)
- kwalitatieve studie: interviews met 11 patiënten op psychiatrische afdelingen
- ontwikkeling en psychometrische evaluatie van een instrument (CoNuPaS)




International Journal of Nursing Studies
journal homepage: www.elsevier.com/ijn

The perspectives of adults with suicidal ideation and behaviour regarding their interactions with nurses in mental health and emergency services: A systematic review

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International Journal of
Mental Health Nursing

International Journal of Mental Health Nursing (2020) ••, ••••• doi: 10.1111/inm.12776

ORIGINAL ARTICLE

Contact between patients with suicidal ideation and nurses in mental health wards: Development and psychometric evaluation of a questionnaire

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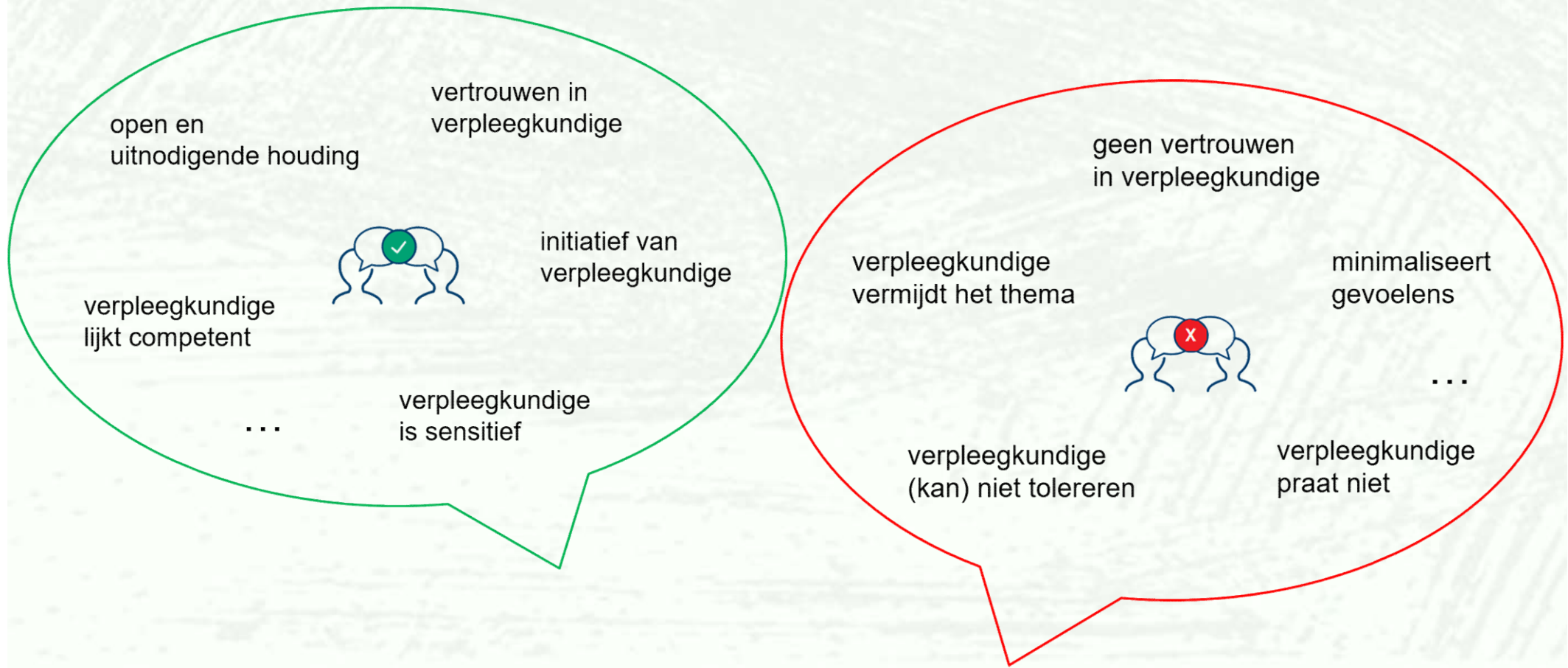
enkele resultaten: patiëntperspectief

belang van persoons- en belevingsgerichte basishouding



(gebaseerd op Van Orden et al. 2010)

praten over suïcide → vraagt een open, persoonlijke, sensitieve benadering



nieuw instrument (CoNuPaS)



Universitair Centrum voor
Verpleegkunde en Vroedkunde



Vragenlijst

"Het contact tussen verpleegkundigen en mensen met gedachten aan zelfdoding"

23 items/ 4 componenten

o.a. "ruimte ervaren om suïcidale ideaties te uiten en noden te verkennen"



- stevige conceptuele onderbouwing
- beoordeling door experts en patiënten
- datacollectie en -analyse (405 patiënten in psychiatrische afdelingen)

aanbevelingen en toekomstperspectieven

meerwaarde van wat verpleegkundigen via de relatie kunnen inbrengen

erkennen en ondersteunen (cfr. Desmet et al. 2021)



aandacht voor familie/ naasten
(Aerts et al. 2017, Vandewalle et al. 2021)

aandacht voor contact interventies i.f.v. zorgcontinuïteit (Aerts et al. 2017)

→ gepersonaliseerde brieven, postkaarten, telefoongesprekken, ...



maak contact

zorg voor jezelf

praat erover

zorg voor elkaar



1813
zelfmoord

Dringend nood aan een gesprek?

BEL NU 1813

24/7 bereikbaar

CHAT

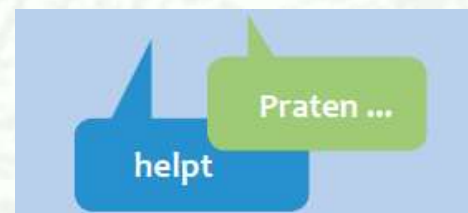
Elke dag van 18u30 - 22u

MAIL

Antwoord binnen 5 werkdagen

ZELFHULP

Ga zelf aan de slag



Relationele fundamenteën van verpleegkundige zorg voor patiënten met suïcidale ideaties



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met veel dank aan alle deelnemers en organisaties,
promotoren, medeonderzoekers, ...



bronnen (doctoraat en bredere onderzoekslijn)



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