

Aerosol

Info for parents

EMERGENCY DEPARTMENT

Contact
Tel. 09 332 27 42

Date
20/05/2019

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1 How to use an aerosol device

- Put the prescribed amount of medication in the reservoir.
- Dilute with saline solution up to the mark or up to a total volume of 4 ml.
- Place the mask/mouthpiece over your child's mouth and nose. Hold the mask if necessary.
- Start the device and administer the aerosol for 10 minutes or until the reservoir is empty.
- Clean the device once a week according to the instructions.
 - Completely disassemble the nebuliser (everything on and in the jar).
 - Clean all pieces with warm water mixed with dishwashing detergent.
 - Rinse thoroughly with water that is as warm as possible.
 - Dry everything thoroughly (shake well and dry with a clean paper or cloth towel).

2 Dose (to be filled in by the doctor)

MEDICATION	DOSE
Ventolin® (salbutamol)	
Atrovent® (ipratropium)	
Pulmicort® (budesonide)	
Other:.....	
Dilute with saline solution up to line = 4 ml total.	

3 Phased stopping of aerosol use

From .../.../..... to .../.../..... every hours aerosol

From .../.../..... to .../.../..... every hours aerosol

From .../.../..... to .../.../..... every hours aerosol

From .../.../..... stop aerosol use

4 If shortness of breath occurs

Resume regular use of aerosol. Use may also be resumed if your child again suffers from shortness of breath in the future. Consult a doctor as soon as possible in this case.

5 Contact

The Paediatrics Department of University Hospital Ghent offers third-line care. This means that care is provided for complex disorders. The number of hospital beds at the Children's Hospital is therefore limited. If your child needs to be admitted, we are able to arrange admission to another hospital. Thus we advise you to choose your own doctor/paediatrician who can monitor your child and refer the child to us if necessary.

For urgent questions:

- Emergency Department University Hospital Ghent: tel. 09 332 27 42
- Paediatrician on duty at University Hospital Ghent: tel. 09 332 35 15

For **urgent** medical help, come to the Emergency Department.

For **immediate** medical help, call 112.

This information does not replace consultation with a doctor and is also available in other languages.